

## CHI Saint Joseph Health Board of Directors FY24

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(1/1/24-6/30/24)

# Humankindness Fuels Our Mission Throughout Kentucky

At the end of each fiscal year, Saint Joseph Health takes time to assess how we have given back to the communities we serve in ways that go beyond providing health care to patients in need. We are proud to be living out our mission to make the healing presence of God known in our world both inside the walls of our hospitals and clinics and out in the broader community.

In this, our annual Community Benefit Report, we share just a glimpse into some of the many ways we as an organization, and through our caregivers, give back across the commonwealth.

In the 2024 fiscal year, our facilities provided more than \$355,000 in grant funding to local organizations addressing critical community needs identified through our community health needs assessment – substance use disorders, mental health and healthy lifestyles. Partnering with these organizations not only helps us to address critical needs in our communities, but also allows us to live out our core value of collaboration.

We further demonstrate our collaborative spirit through the development of our Emergency Medicine Center of Excellence, in which we work with local emergency medicine personnel across Kentucky to help them improve their skills to provide the highest quality care to our communities.

One of our longest running partnerships has been with the American Heart Association (AHA). Saint Joseph Hospital's decades-long reputation as Lexington's heart hospital is strengthened by our collaboration with the AHA, furthering our commitment to cardiac care and education. Heart care is critical throughout the communities we serve, and we were pleased that Saint Joseph Berea was able to revive their long-standing work to offer heart screenings and education to Madison County residents.

We are also proud to collaborate with local schools to educate the next generation of caregivers. At Flaget Memorial Hospital, work with the Nelson County Area Technology Center brings students into the hospital for real-world lessons in health care and to educate and introduce them to the broad variety of health care career choices available to them. In Mount Sterling, a grant from the CommonSpirit Health Mission and Ministry Fund has allowed us to expand the Green Dot program – a violence and bullying prevention program that has been offered for several years in Bardstown and Berea – to Montgomery County Schools. Finally, Saint Joseph London is bringing families together with baskets of fun activities. This initiative is a collaborative project of the hospital's violence prevention and spirit teams, and serves Laurel County's 11 elementary schools.

At CHI Saint Joseph Health, we recognize that our vision of a healthier future for all can only be achieved when we come together and act through humankindness, in the care we provide throughout the communities we serve.

Thusty Spitsen

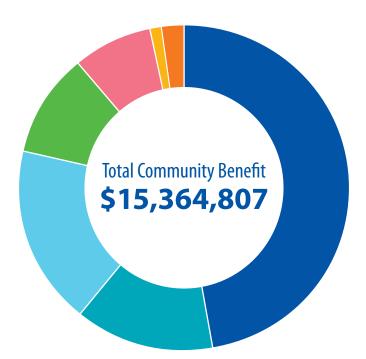
Christy Spitser

Mary-Alicha Weldon, FY2024 Chair
CHI Saint Joseph Health Board of Directors

# **Community Benefit 2024**

# CHI Saint Joseph Health supports our communities through charitable giving.

CHI Saint Joseph Health follows the guidelines set forth in the Catholic Health Association's A Guide for Planning and Reporting Community Health Benefit as the basis for developing its financial statement for community benefit.



CHI Saint Joseph Health gave back more than

\$15 million in 2024.

Financial assistance: free or discounted health services provided to persons who cannot afford to pay: \$7,281,941

Health professions education: \$2,095,584

Subsidized health services: \$2,711,067

Cash and in-kind contributions donated to community: \$1,194,261

Community health improvement services: \$1,610,859

Community building activities: \$152,888

Community benefit operations: \$318,207

Unpaid cost of Medicaid: \$0

On average, CHI Saint Joseph Health provided \$1,280,400 in community benefit each MONTH of 2024.

That's more than \$42,000 a day!

**Unpaid Cost of Medicare** 

\$44,492,591

\*Each year, Kentucky's hospitals provide millions of dollars in uncompensated care – care provided for which no payment is received or the payment received does not cover the hospital's actual cost of delivering the care. Medicaid disproportionate share hospital (DSH) payments help to offset those uncompensated care costs. House Bill 183, passed in the 2021 legislative session, updated the Hospital Rate Improvement Program (HRIP), which allows the state to draw down federal funds to make a supplemental Medicaid payment to Kentucky hospitals. In FY24, costs to provide Medicaid services did not exceed revenues, thus 0 is reflected in the pie chart above. CHI Saint Joseph Health has always cared for the most vulnerable. The additional funding for this fiscal year provided an opportunity for those in these most unusual times.

# **Community Health Improvement Grants**

# More than \$355,000 Awarded

CHI Saint Joseph Health selected local organizations to be awarded more than \$355,000 through the competitive Community Health Improvement Grant program, which was open to nonprofit organizations that address priorities identified in the community health needs assessment: substance use disorders, mental health and healthy lifestyles.

#### Saint Joseph Hospital and Saint Joseph East

Saint Joseph Hospital and Saint Joseph East awarded grants to six nonprofit organizations in Lexington.

- Centro de San Juan Diego serves low-income minority populations, primarily in the Cardinal Valley neighborhood. The nonprofit received \$25,000 to support its counseling and educational workshops, which focus on mental health issues, as well as its health clinics and health fairs.
- Community Inspired Lexington, which provides opportunities and support for youth and families in the North Lexington community, received \$20,000 to help provide food and health screenings.
- Hope Center, an organization that provides comprehensive services to promote healing from substance use disorder, mental health disorders and homelessness, received \$50,000 to support mobile outreach services for Lexington's unsheltered population.
- LexArts received \$50,000 to create an Arts in Health
  Council, expand the Photovoice project (photos of the
  most important mental health issues facing the local
  community), and implement an exhibit of paintings
  by cancer patients (providing psychosocial support to
  cancer survivors).
- Refuge for Women received \$40,000 to continue care for women who have been sexually exploited.
- YMCA of Central Kentucky received \$50,000 to expand its LIVESTRONG program for local cancer patients.













#### Flaget Memorial Hospital





Flaget Memorial Hospital awarded grant funding to two nonprofits in the Nelson County area. Bernheim Arboretum and Research Forest received \$18,500 to support its efforts toward healthy food education, sustainable food production and its edible garden. St. Vincent de Paul Outreach Ministries was awarded \$10,000 to provide a pantry with nutritious food and cooking classes for low-income individuals in Nelson County.

### Saint Joseph London



Saint Joseph London awarded a \$50,000 grant to KCEOC Community Action Partnership. The grant will be used to host two mental health educational programs in Knox County schools. In addition, KCEOC will help cover expenses for dental and vision care and mental health therapy for low-income students.

#### Saint Joseph Berea



Saint Joseph Berea awarded a \$10,000 grant to Berea Home Village, a nonprofit organization that engages the community to help Berea residents ages 50 and older to remain and live independently in their own homes.

#### Saint Joseph Mount Sterling





Saint Joseph Mount Sterling awarded two grants to nonprofit organizations in the Montgomery County area. DuBois Community Center was awarded \$15,300 to support its physical and mental health screenings for community members, focusing on minority and low-income populations. Gateway Regional Arts Center was awarded \$19,999 for its creative workshops that focus on healthy eating, physical activity and addiction recovery.

CHI Saint Joseph Health's investments across Kentucky are a testament to our belief in the transformative power of community partnerships, and we look forward to witnessing the positive outcomes of these collaborations on our diverse community.

## Lexington

# **Center of Excellence Strengthens Emergency Care Across Kentucky**

CHI Saint Joseph Health's value of inclusion is embodied in its new ministry-wide Emergency Medicine Center of Excellence, which strengthens emergency medical personnel training and skills not only in-house for its own paramedics, but among local ambulance services, fire departments and other hospitals across the state.

The center, established in January 2024, is the only one in Kentucky. It follows the development of CHI Saint Joseph Health's paramedicine program, which focuses on the practice of emergency medicine by paramedics. Among the center's ongoing programs are daylong Emergency Medicine Skills Workshops, held twice a year at Saint Joseph East and Saint Joseph London, which provide hands-on training and continuous education for first responders throughout the state.

Other outreach programs under the center's umbrella:

- Lunch and Learn a Saint Joseph physician-paramedic team visits EMS and fire agencies, providing lunch and a lecture on timely topics for community readiness.
- Individualized training Saint Joseph medical professionals provide agency-specific training at the request of local emergency providers.
- Critical Care program For the cost of a book, paramedics from across the state can get the same critical care training and endorsement the ministry's own paramedics have.

"On a 30,000-foot view, we're really helping strengthen the response system in communities. ... We're getting the highest possible version of a paramedic responding to your emergencies," said Austin Roush, market director of paramedicine and EMS liaison.

#### A sampling of Skills Workshop topics:

- Ultrasound guided IV
- Central line set up
- Pharmacology roundup
- OB normal/abnormal deliveries
- Sterile procedures
- Intubation (director, video, pediatric)
- Mechanical ventilator
- Urinary catheters
- Endotracheal intubation
- Port access

We focus and hone in on skill sets that are needed within all our scopes as emergency medicine providers.



Austin Roush, market director of paramedicine and EMS liaison

# By the Numbers

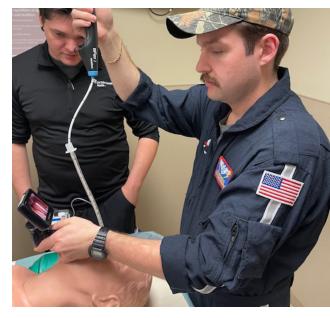


**Community** Benefit

Staffing hours by location

360 Saint Joseph Hospital 65 Saint Joseph East 36 Saint Joseph

27 Saint Joseph London 160 Education Critical Care



More than 80 health care providers—ranging from techs and RNs to EMTs and paramedics—participated in our first-ever Emergency Medicine Center of Excellence Skills Workshop in May.

## Lexington

# Central Kentucky Heart Walk Partnership with AHA Raises Awareness of Heart Disease

Besides a common mission and core values, CHI Saint Joseph Health hospitals and caregivers across Kentucky share another calling: working with the American Heart Association to raise awareness of cardiovascular disease.

One way they do this is by walking — literally — to raise funds for the AHA. Since at least 2000, the neuroscience, cardiovascular and other teams across all the CHI Saint Joseph Health facilities in the state have participated in the annual Central Kentucky Heart Walk at Keeneland racecourse in Lexington.

"Together, the American Heart Association Lexington and CHI Saint Joseph Health lead educational programs in the community and host events to raise awareness," said Sheila Devine Griffeth, market vice president for Neuroscience, Cardiovascular and Surgical Services, and Saint Joseph Hospital vice president for Patient Care Services.

Amy Rankin, nurse navigator for structural heart at Saint Joseph Hospital, has been participating in the Central Kentucky Heart Walk every year since 2013.

"I walk for us, I walk for education and I also walk because I take my children with me," Rankin said. "I think it's good to teach them, too, the importance of heart health."

CHI Saint Joseph Health also is involved in the annual Heart Ball in February and the Go Red for Women Luncheon in November. "Saint Joseph feels the partnership with AHA is vital to partnering and helping achieve cardiovascular and stroke awareness for central and eastern Kentucky," Griffeth said.



I think everybody, especially in Kentucky, has someone that they know that's affected by heart disease or stroke.

**Amy Rankin,** nurse navigator for structural heart, Saint Joseph Hospital







## Bardstown

# **Real-World Learning for Students** Flaget Memorial Hospital Trains the Next Generation

Flaget Memorial Hospital provides a real-world setup for students in the Health Science Pathway certification programs at Nelson County Area Technology Center. In the partnership with Nelson County Schools, students and their ATC teachers use a closed hospital unit that basically doubles as a mock ward with beds, authentic equipment and supply closet.

"It's just a huge advantage for the students to be able to function and practice what they're learning in a real hospital room that's set up just like where they're going to work one day," said Flaget President Jennifer Nolan.

The programs, for which students can receive certification while in high school, include Certified Clinical Medical Assistant, EKG Tech, Phlebotomy Tech and Medical Nurse Aid.

The experience at Flaget "has solidified what I want to do," said Makinsi Floyd, a senior bound for University of Louisville's nursing program.

The partnership, in its second year, also serves as a human resources pipeline. "I think the more they get to know us, the greater chance they'll decide to have a long career with our ministry, whether they stay at Flaget or we connect them with one of our other hospitals," Nolan said.

Two of the program's high school seniors were hired with the CHI Saint Joseph Medical Group in Bardstown—one has gone on to college and the other still works as a medical assistant.

# By the Numbers

**Nelson County ATC Certification Programs at Flaget** 





- Medical Nurse Aide
- Phlebotomy
- EKG

We get to showcase what we do every day. We get to share our love for health care and all the different career paths in health care.



Jennifer Nolan, President Flaget Memorial Hospital



### Berea

# Saint Joseph Berea Brings Back **Life-Saving Screenings**

Here is a number that explains, in part, why Saint Joseph Berea reaches out to the communities it serves about heart health risk:

At the fall 2024 Berea Spoonbread Festival, 59% of the people who stopped by the hospital's free heart screening found out they had abnormal blood pressure.

Data like this shows why prevention is the key to cardiovascular health, said Rhonda McMaster, Saint Joseph Berea's Cardiovascular Services and Nuclear Medicine manager.

"Preventive medicine is the best medicine and we provide that through education and the screenings."

The free heart screenings and educational events in the hospital's five-county service area include the Spoonbread Festival, the Go Red for Women Lunch and Learn, and the Jackson County Mountain Health Festival. McMaster also gives presentations on heart health at the request of clubs, community organizations, schools and factories.

The Go Red for Women Lunch and Learn was brought back this year after a COVID-19-forced hiatus. Thirtyfive attendees were provided with lunch, screenings and a wealth of information about cardiovascular risk factors and prevention, and heart failure.

The Jackson County health fair is an example of how Saint Joseph Berea extends its reach to underserved rural areas, McMaster said, "so we can provide the same service and screenings to the patients who live further away from the hospital."

Most recently, the hospital also launched an initiative to reduce readmission rates for heart failure patients by educating them on early warning signs.







We're in the business of saving lives, but we want to create a healthier community overall.



Rhonda McMaster, manager, Cardiovascular Services and Nuclear Medicine, Saint Joseph Berea

## London

# Baskets of Fun Activities Encouraging Family Bonding

Saint Joseph London is bringing families together with baskets of fun activities.

Through the brainstorming of the hospital's Violence Prevention and Spirit teams, along with the creativity of hospital staff, a family at each of Laurel County's 11 elementary schools received a basket this past spring aimed at bringing the family together.

Basket themes ranged from S'mores Night which included a fire pit, s'mores-making supplies, glow sticks and blankets—to one packed with board games for Game Night. Saint Joseph London staff donations fund the project.

"Family involvement in schools leads to better student outcomes, such as enhanced academic performance, fewer disciplinary problems, stronger relationships between parents and teachers and an overall improved school atmosphere," said Mollie Harris, violence prevention/Nurturing Children Program manager at Saint Joseph London. "Similarly, engaging families with health care professionals boosts care coordination and health results for individuals, youth and families."

The baskets themselves are practical ones the family can continue using, such as laundry baskets or plastic storage containers.

The family resource center at each of the schools chose a family to receive a basket.

"Having those sorts of activities given to a family encourages the involvement, encourages the parents to actually know their kids, to talk to them about what's going on at school, to talk about what's going on emotionally," said Stacy Bormann, family resource center coordinator for Bush and Sublimity elementary schools.

Promoting family engagement benefits both schools and health care in a community.



**Mollie Harris,** violence prevention/Nurturing Children Program manager, Saint Joseph London







## **Mount Sterling**

# **Green Dot Builds Community Awareness**Expanding into Montgomery County

Green Dot – a violence and bullying prevention program that has already helped schools in two communities served by CHI Saint Joseph Health – was launched at Montgomery County High School this year, thanks to a three-year, \$171,310 grant from CommonSpirit Health's Mission and Ministry Fund.

The goal of Green Dot is to educate and empower students to safely and effectively intervene when they see or hear about situations like bullying, sexual assault and suicidal ideation, limiting situations where violence could occur.

"The Green Dot program should resonate with all of us when we realize the adverse impact that violence can have on our youth," said Sherri Craig, CHI Saint Joseph Health market vice president, external relations. "Harmful situations may affect them mentally and physically today and more long term."

Green Dot includes an overview presentation to all students and more intensive training by adult leaders to a group of students who are taught how to intervene in situations of bullying, dating violence, and sexual harassment and assault.

Students have been able to open up and relate to the adult trainers, said guidance counselor and certified Green Dot trainer Lacy Gross.

"The kids learn that almost everyone is going through something," said Gross, "and it teaches them about treating others with respect and kindness and standing up for what is right."

"

I also love that the [Green Dot] program provides them [students] a safe place to be vulnerable and see that they are not alone.

**Lacy Gross**, Montgomery County High School quidance counselor and certified Green Dot trainer

# By the Numbers







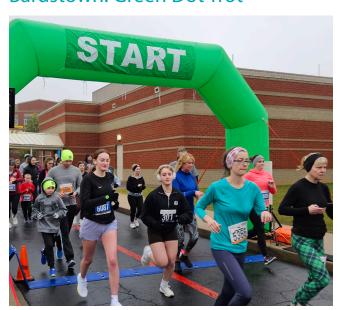
# **Community Engagement Events**

Saint Joseph Mount Sterling Souper Bowl





Bardstown: Green Dot Trot





STEM Day at Flaget Memorial Hospital

## **Christmas Partner Project**





## Saint Joseph Hospital Fall Festival



Cooking with Cops





Violence Prevention: Saint Joseph Berea







Southern Lights Stroll



Latino Family Literacy Night



**Humankindness in Action** 



# How We Serve Leader List

#### Lesly Arrasmith

- Kentucky Nurses Association, Member

#### Laura Babbage

- Eastern Kentucky University, Board
- Catholic Action Center, Board
- LexArts, Board

#### Melissa Bennett

- American Nursing Association, Member
- Kentucky Organization of Nurse Leaders, Member
- American College of Healthcare Executives, Member

#### **Kelly Boone**

 Elizabethtown Community & Technical College, Radiology Advisory Board

#### Mary Branham

- Junior Achievement of the Bluegrass, Board
- Kentucky Hospital Association,
   Communications Committee

#### **Deborah Burton**

Kentucky Division of Telehealth,
 Steering Committee

#### Claudia Carroll

 Bluegrass Community and Technical College, Nursing Advisory Board

#### **Lori Coots**

- Somerset Community College,
   Paramedic Advisory Board
- Southeast Healthcare Coalition

#### Sherri Craig

- American College of Healthcare Executives, Fellow
- Commerce Lexington, Policy
   Council Member
- Kentucky Chamber, Health
   Wellness Council
- Kentucky Hospital Association,
   Certificate of Need Committee
- Kentucky Hospital Association, Legislative Committee
- The Nature Conservancy, Kentucky Board
- Leadership Kentucky, Alumni Member

#### Andrea Creekmore

- Kentucky Nursing Association, Member
- Kentucky Organization of Nurse Leaders, Member
- Somerset Community College,
   Associate Degree Nursing (RN)/Practical
   Nursing (LPN) Joint Advisory Board

- Berea College, Nursing
   Program, Advisory Board
- Gateway Regional Arts Center, Board

#### **Brady Dale**

- American Heart Association, Member
- Mt. Sterling Chamber, Board
- University of the Cumberlands,
   Advisory Committee, DPT Program

#### **Bob Desotelle**

- National Association of Long Term Hospitals, Board
- Kentucky Hospital Association, Board
- Kentucky Hospital Association, Long Term Care Hospital Group
- Kentucky Hospital Association, Hospital Rate Improvement Program Quality Committee
- Kentucky Hospital Association, Post-acute Care Forum

#### **Andre Fomby**

- Lexington Education Foundation, Board

#### anni Fore

 Bluegrass Community Care Continuum (BGC3)

#### **Christa Fleming**

Junior League of Lexington

#### **Greg Giles**

- Bluegrass Regional Imaging, Board
- Cardinal Hill Hospital,
   Community Advisory Board
- Georgetown/Scott County
   Chamber of Commerce

#### Dan Goulson, MD

- American Cancer Society, Kentucky Advisory Board
- Kentucky Hospital Association, Physician Leadership Forum
- Kentucky Hospital Association, Board of Directors

#### Sheila Devine Griffeth

- American Heart / American Stroke,
   Central Kentucky Chapter
- Surgery on Sunday, Board
- Kentucky Nursing Association, Member
- Kentucky Organization of Nurse Leaders, Member
- Association of Perioperative Registered Nurses, Professional Member
- American Society of PeriAnesthesia Nurses, Professional Member
- American College of

#### Cardiology, Member

- Society of Thoracic Surgery, Member
- Medical Group Management Association, Member
- Medical Group Management
   Association, Kentucky Chapter, Member
- American Medical Group Association, Member
- Midway University, Board

#### **Mollie Harris**

- National Association of Social Workers, Kentucky Chapter Board, Southeast Kentucky Chair
- God's Pantry, Board
- Eastern Kentucky University, Social Work Advisory Board

#### Melissa Hicks

 American Red Cross, Bluegrass Chapter, Board

#### Melanie Jackson

- Kentucky Nurses Association, Member

#### Marty Keith

- Bluegrass Society of Human
   Resource Management, Member
- Kentucky Community & Technical College System Foundation, Board
- Kentucky Chamber, Education & Workforce Council
- Kentucky Chamber,
   Employment Law Council
- Kentucky Hospital Association,
   Workforce Committee
- University of Kentucky, Human
   Development Institute Inclusive
   Worker Health Leadership Network
- YMCA Central Kentucky, Board
- Lexington Theatre, Board

#### **Carmel Jones**

- Medical Group Management Association, Member
- Medical Group Management
- Association, Kentucky Chapter, Member
- American Medical Group Association, Member
- VNA Health at Home, Board

#### Russ Judd

 Kentucky Association for Healthcare Quality, Member

# How We Serve Leader List

#### **Dorothy Lockhart**

- Kentucky Circuit Court Clerks Trust for Life, Satterwhite Committee
- Downtown Lexington
   Partnership, Board
- VNA Health at Home, Board

#### **Darcy Maupin**

- Bluegrass Healthcare Coalition
- Chemical Destruction Community Advisory Board, Madison County

#### Marlene McKinley

- Kentucky Board of Respiratory Care, Chair
- Bluegrass Community & Technical College, Respiratory Care Program, Advisory Board
- Kentucky Community & Technical College System, Rowan-Maysville Respiratory Care Program, Advisory Board

#### Jennifer Nolan

- Boy Scouts of America,
   Lincoln Heritage Council
- Continuing Care Hospital, Board
- Flaget Memorial Hospital Foundation, Board
- Lincoln Trail Workforce
   Development, Board
- Nazareth Villages, Board
- Nelson County Schools UP Foundation, Board

#### Twinetta Nusz

- Nelson County Community Clinic, Board
- Nelson County Drug Coalition, Member

#### Janell Oliver

- Kentucky Arts Council

#### Lisa Peck

- Sterling Health Care, Board

#### Kami Poole-Warder

Kentucky Nurses Association, Member,
 Treasurer of Nightingale Chapter

#### Susan Schmidt

 Kentucky Hospital Association, Reimbursement Committee

#### **Marintha Short**

- Kentucky Hospital Association, 340B Advisory Committee
- Kentucky Hospital Association,
   Pharmacy Technical
   Advisory Committee
- Kentucky Society of Health System Pharmacies, Board

#### Maggie Smith

- Cooper Trail Advisory CouncilNelson County Schools UP
- Foundation, Advisory CouncilBellarmine University, ScholarshipSelection Committee
- Kentucky Association of Nurse Leaders, Member
- Kentucky Nursing
   Association, Member

#### **Kevin Spalding**

Kentucky Hospital Association,
 Data Committee

### Christy Spitser

- Continuing Care Hospital, Board
- Commerce Lexington, Board
- Healthcare Financial Management
   Association, Member
   Saint Joseph Mount Sterling
- Kentucky Hospital Association, Reimbursement Committee
- Saint Joseph Health Partners, Board
- Foundation for a Healthy Kentucky,
   Finance Committee, Advisory Council

### Shelley Stanko, MD

- Laurel County Board of Health
- Laurei County Board of Health
- Saint Joseph Health System, BoardSaint Joseph Health System
- Board, Executive Committee

   Saint Joseph Health System
- Board, QVC Committee, Chair

   Saint Joseph Medical
- Group Board, Chair

   Saint Joseph Medical Group,
  Board Quality Committee, Chair
- Leadership TriCounty
- American College of Healthcare Executives, Fellow
- American Academy of Family Physicians, FellowKentucky Academy of Family
- Physicians, Member

   Kentucky Medical

  Association, Member

#### **Delaine Thiel**

- YMCA of Central Kentucky, Board
- YMCA, Diversity, Equity and Inclusion Committee
- Lexington Catholic High School, Capital Campaign Committee
- American Fundraising Professionals, National and Bluegrass Chapter, Member
- Association for Healthcare
   Philanthropy, National Member

#### Megan Walker

- Assisting Better Living
   Everywhere, Board
- Kentucky Hospital Association, Hospital Rate Improvement Program Quality Committee

#### John Yanes

- Greater Kentucky & Southern Indiana Alzheimer's Association, Advisory Board
- Leadership Kentucky, Board

Saint Joseph London

- Foundation, Board

   Saint Joseph Berea Foundation, Board
- Foundation, Board

   London Laurel County Chamber
- of Commerce, Board
- London Rotary Club, Member
   University of the Cumberlands,
   Capital Campaign Cabinet

## Nathalia Zarth

- Women Leading Kentucky
- Supplies Overseas,
   Strategy Committee

# CHI Saint Joseph Health

- 1. Saint Joseph Hospital
- 2. Saint Joseph East
- 3. Women's Hospital at Saint Joseph East
- 4. Saint Joseph London
- 5. Saint Joseph Mount Sterling

